

Pre-Operative Instructions

Change in Health Status

Notify our office if you experience any significant change in your health status, develop a cold, influenza, a bladder infection, diarrhea, or other infection, before your surgery.

Preoperative Medication Instructions

Unless specifically instructed otherwise by your surgeon or the anesthesiologist, please observe the following guidelines for taking your medicines before surgery:

One Week Prior to Surgery

STOP all aspirin and all aspirin-containing medicines (e.g., Anacin, Excedrin, PeptoBismol). Check any cold or pain medication bottles to make certain aspirin is not contained.

STOP all nonsteroidal anti-inflammatory medications (e.g., etodolac [Lodine], ibuprofen [Advil, Motrin, Nuprin], ketorolac [Toradol], maprofen [Aleve], naproxen [Anaprox, Naprosyn].

On the Morning of your Surgery:

DO NOT TAKE digitalis medicines (e.g., Crystodigin, Digoxin, Lanoxin).

DO NOT TAKE oral antidiabetes medicines (e.g., chlorpropamide [Diabinese], glyburide [DiaBeta, Glynase, Micronase], glypizide [Glucotrol], tolazamide [Tolinase], tolbutamide [Orinase].

DO TAKE one-half of your usual morning INSULIN dose. **DO NOT TAKE** your morning INSULIN dose if you are driving a great distance the morning of your surgery or if your surgery is scheduled for the afternoon.

DO TAKE, with a small sip of water, ALL of your other usual morning doses of regularly prescribed medicines. Use your asthma inhalers and bring them with you to the hospital.

Verify the information above with the anesthesiologist during your pre-operative assessment.

On the Day of Surgery

Take your medicines as instructed above.

You may brush your teeth; rinse your mouth, but do not swallow the water.

Leave all jewelry (including wedding and all other rings) and valuables (including money and credit cards) at home.

If you wear contact lenses, glasses or hearing aids, please bring a case or container, and solution for contacts, to protect them while you are in surgery.

Wear a minimum amount of makeup, and no mascara. Please remove the nail polish from both index fingers.

Please bring your medications and a copy of your current medical problem list from your primary care physician (family medicine/internist).

Minors (anyone less than 18 years old) must be accompanied by a parent or legal guardian to sign the operative consent form.

The anesthesiologist will discuss with you the anesthetic most appropriate for your medical condition and procedure prior to surgery.

If you are having outpatient surgery, you must be escorted/driven home by a responsible adult. You may take a taxi car or shuttle if accompanied by a responsible adult who can stay with you after the driver departs.

Time to Arrive for Your Surgery

During your Pre-Admission Interview, our surgical coordinator will provide you with the correct time to arrive for check-in prior to your surgery.

Arrival Time _____ A.M./P.M. Where to Arrive _____